



WOMEN'S SOUL CARE RETREAT

SPONSORED BY:
FRANCIS BURNS UNITED WOMEN IN FAITH

*Theme: Strengthening, Reviving and Transforming
Mind, Body and Spirit*

1 Thessalonians 5:23 (NIV) May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ.

Experiences

- Finding Strength in the Word of GodAva Doby
- Women's Health: Say Yes to You!Shemega Tyson
- Zumba for Everybody and Every Body!!Harry Williams
- Seeing, Feeling and Hearing Through Art.....Church Women
- Music For the SoulLeevette Malloy
- Soul Feast: Food is Medicine!

**Saturday,
August 23, 2025
9:30am –2:00pm**

Francis Burns
United Methodist Church
5616 Farrow Road
Columbia, SC 29203

Attire: **Red Tops**; Black Bottoms; Comfortable Shoes

Registration: \$20.00

Due: Now – August 15, 2025

Send completed registration form (attached) and check made payable to FB UWFaith
To:

Maeward Belk 224 Meadowbury Drive Columbia, SC 29203
(803-786-5659) mbelk@sc.rr.com

For additional information contact Carrie R. Murray
(H) 803-754-1895 (Cell) 803-521-9521 Email: cmrmurra@bellsouth.net

Come and embrace God's presence in your mind, body and spirit!



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Registration Form

***** Please print or type information clearly. *****

Name _____ Vegan _____ Yes _____ No

Address _____

City _____ State _____ Zip Code _____

Phone: Home _____ Cell _____

Email _____

Name of Church _____

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